

SUMMIT PHYSICAL THERAPY

business spotlight

Summit Physical Therapy Introduces Advanced Technology In New Peters Township Clinic

By Britt Fresa

“I can’t believe that building fit onto that piece of property!” Summit Physical Therapy owners Nick Martin and Mark Mascio say this comment is the one they hear most often from patients, friends, family and even the mailman, when they see the new, two-story office building on Wilhaven Drive in Peters Township.

The building is co-owned with McMenamin Insurance Group and located near the intersection of Gateshead Drive and Route 19 across from Bob Evans. Commuters have more than likely watched the transformation since June 2011. Now complete, Summit Physical Therapy, which is located on the first floor, is proud to have their fourth clinic open and excited to bring their business and expertise to Peters Township.

“My wife Sherry and I, along with Nick, and his wife Julie, have lived in Peters for almost 20 years,” said Mark. “We’ve made many good friends throughout the years and enjoy raising our kids here.”

Martin and Mascio have been successful physical therapists for more than 20 years. After practicing their chosen field of study in other clinics in Southwestern Pennsylvania, they began Summit Physical Therapy in 1993.

“Mark and I met during our undergraduate studies at West Virginia University,” said Nick. “Mark went on to complete his PT degree at Pitt and I completed mine at the Medical College of Virginia. We reconnected when my wife and I moved to Pittsburgh in 1989.”

In addition to their PT licenses, Nick is certified as an Orthopedic Manual Therapist, a specialized area of physical therapy for the management of neuro-musculo-skeletal conditions. It uses highly specific treatment approaches including manipulative techniques and therapeutic exercises.

Mascio also offers additional credentials. He is a Certified Workers Capacity Evaluator, which allows him to qualify potential employees for job-specific performances.

The New Clinic

Summit Physical Therapy prides itself on providing personalized, hands-on care to all of its patients. They’ve treated tens of thousands of residents in their clinics in Weirton, Follansbee and New Cumberland, W. Va., and have been voted “Best Physical Therapy Clinic in the Ohio Valley” every year since 1993 by the readers of *Weirton Daily Times* and *Herald Star*. But when it came to their new clinic in Peters, Mark and Nick decided to bring innovation to the table.

Enter the AlterG® Anti-Gravity Treadmill.

This breakthrough technology is like no other and until now has been reserved for elite athletes and rock stars. The AlterG® allows patients to walk without bearing their entire weight, which reduces impact on



the body to optimize rehabilitation and physical therapy outcomes. The NASA-based technology applies a lifting force to the body that reduces weight on the lower extremities and allows precise unweighting – up to 80 percent of a person’s body weight, so patients can find exactly where the pain stops and natural movement feels good again.

“Our AlterG Treadmill is the only one in the South Hills. It will change the way people respond to their therapy,” said Nick. “We expect faster recovery times on lower extremity rehabilitation and are happy to offer this type of treatment to our patients.”

Summit’s Hands-On Care

While Martin and Mascio enjoy discussing the new technology introduced in their Peters clinic, they also stress the importance of patient care and their hands-on approach.

“Nick and I pride ourselves on providing quality care to our patients,” said Mark. “It’s important to remember them as people first. They lead busy lives and want to resume normal activities as soon as possible.”

“I agree,” said Nick. “When we talk about our hands-on care, it doesn’t only mean how we physically implement therapy.

We discuss the patient’s history with them and what brought them to this point. This provides a better understanding of their lifestyle and goals for recovery.”

Summit Physical Therapy is proud of their history and the business they’ve built. And, Martin and Mascio are excited they’ve brought their expertise to the residents of Peters Township... in a brand new building that fits so nicely on that piece of property.

Visit **Summit Physical Therapy’s** website at www.SummitPTofPA.com or contact them at 724.941.3727 for an appointment.

